

NUAMES Policy and Procedures
277-164 Student Concussion and Traumatic Injury Policy
Revised: 24 September 2013

1. PURPOSE AND PHILOSOPHY

The purpose of this policy is to ensure concussed students are identified, treated and referred appropriately, receive appropriate follow-up medical care during the school day, and fully recovered prior to returning to activity.

2. POLICY

2.1. This policy applies to students participating in:

- 2.1.1. Physical education classes
- 2.1.2. Extra curricular activities

2.2 NUAMES will provide a written copy of the policy to parents and will post this policy on the website.

3. RECOGNITION

It is the responsibility of NUAMES Administration to provide training for staff to recognize and respond appropriately to traumatic head injuries.

3.1 Signs and symptoms

A concussion or traumatic head injury is an injury to the head resulting from blunt trauma, or force with one or more conditions:

- 3.1.1. Transient confusion, disorientation, or impaired consciousness;
- 3.1.2. Dysfunction of memory
- 3.1.3. Loss of consciousness; or
- 3.1.4. Signs of other neurological dysfunction, including:
 - a. seizures;
 - b. irritability
 - c. lethargy;
 - d. vomiting;
 - e. headache;
 - f. dizziness;
 - g. fatigue.

3.2 Employees should be aware of the signs of concussion

4. REMOVAL

If the student exhibits signs of concussion, the supervisor of the event or class should take action to remove the student from the activity.

5. NOTIFICATION

5.1 Parent Notification

School personnel shall notify the student's parent as soon as reasonably possible of the following:

- 5.1.1. the student has been injured;
- 5.1.2. depending on the injury, an emergency vehicle will pick up the student and transport him/her; or may be transported by the parent.
- 5.1.3. a medical evaluation by a qualified health care professional is required before the student will be allowed back to a school event involving physical activity.

5.2 Parent Cannot Be Reached

In the event a parent cannot be reached, NUAMES personnel will contact a person designated by the parent on the Emergency contact form.

5.3 Emergency Medical Response

Emergency response teams will be contacted along with parent being notified when the condition warrants.

6. RETURN TO ACTIVITY

6.1 Medical provider clearance

Before a student suspected of suffering a concussion or traumatic head injury may be allowed to participate in any physical activity, the student's parent should provide a written statement by a qualified health care provider stating that the student can return to normal activity.

References: Utah Code Ann. 26-53-101 et seq. Protection of Athletes with Head Injuries Act
Utah Administrative Code R277-614 Athletes and Students with Head Injuries